

Intensive Course in Dysphagia Diagnosis and Management Information Sheet: 2021

Course: Intensive course in dysphagia diagnosis & management

Location: Christchurch, New Zealand OR Online

Dates: Two full weeks, Monday - Saturday inclusive
25 – 30 January 2021
12 – 17 April 2021

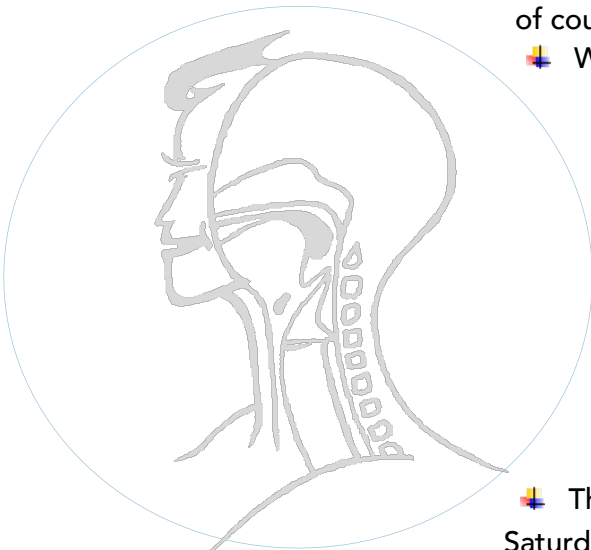
Registration Fee: \$1300 NZD incl GST

Hello everyone!

Thanks for your interest in the 2021 *Intensive Course in Dysphagia Diagnosis and Management*. This crazy year has offered us all many challenges which will persist for some years to come. So this year we are structuring the course quite differently. We hope you will join us.

A bit more information:

- ✚ The course is targeted toward clinicians who are already practicing in medical speech pathology or those who wish to transition from education to health. We do not put a specific experience level on the course. It is intended to provide both skilled and novice clinicians with the fundamental skills that they either were not taught in clinical training programmes, or have struggled to integrate into a busy clinical practice. This fundamental information, particularly as it relates to swallowing biomechanics and pathophysiology, is critical to the development of an astute clinician with refined skills in differential diagnosis. For some clinicians, it will offer a very solid, comprehensive review. For others, it may be a bit of information overload. We'll try to target mid-ground.
- ✚ The course materials are 'evidenced based' when there is evidence available. When there is not, we will tell you explicitly and identify the influence of gaps in research on clinical practice.
- ✚ The course consists of TWO FULL WEEKS of education. You must attend the duration to receive the course certificate. If you fail to attend the full course for any reason, there is no partial refund of course registration fees.



- ✚ When we first started this course 20 years ago we taught the two weeks separated by several months so that clinicians could have time to integrate the information from the first week before moving to the second. This worked well when mostly NZ based clinicians attended. We then shifted to contain the course to two successive weeks, so that clinicians who attend from overseas would not have to travel twice to complete the course. However, due to travel restrictions imposed by COVID19, this year we are going back to the future!
- ✚ The first week of the intensive will be Monday through Saturday, **25 – 30 January 2021**. For those within NZ OR if our

borders re-open by then, the course will be taught at the Rose Centre for Stroke Centre for Stroke Recovery and Research. However, we will also provide the course live via ZOOM for those who wish to attend from overseas. At the end of the first week, we will provide an interim assignment for you to integrate course information in your clinical practice. This first week will focus on fundamentals of anatomy, physiology and neurophysiology, as well as clinical and instrumental assessment.

- ✚ The second week of the intensive will run from **12 – 17 April 2021**, ending at about 2:00. This is the week where the magic happens and we move into rehabilitation. Again there will be some lab time/observations which can be done onsite or remotely.
- ✚ We must have a minimum of 16 participants to proceed with the course. Once this quota is reached and you officially register, we'll send a list of possible accommodation options. Be aware that you will want to commit to the course and seek out accommodation quickly.
- ✚ The course runs daily from 9:00 am to 4:00 pm, approximately. The length of days may vary slightly given how quickly we go through content (eg...how many questions you ask) or how zoned out you are looking (there is a coffee shop very close by). We're pretty good at recognising when folks are tired of listening to us talk and will adapt things accordingly.
- ✚ There are assessments throughout the course. These are optional. If you elect not to take the assessments or if you fail the assessments, your certificate will read that you *attended* the course (eg...bum on seat); if you take and pass the assessments, your certificate will read that you met the requirements for the course. In this respect, the course is competency based. However due to availability constraints, there will be no direct hands-on patient care or observation.
- ✚ For those who work in paediatrics, the course is not focused on paediatric swallowing. However, keep in mind that paediatric swallowing has close similarities to adult swallowing except in infants, and that kids have the same nerves, muscles and structures. So, if you work in paediatrics, you could still take valuable information from the course.
- ✚ We have a broad range of instrumentation in our labs, some that you will now be using clinically and some that you might be motivated to implement clinically. So even though much of the course will be classroom and small group-based, we will spend time in the laboratory learning instrumentation. For those onsite, we'd like you to have hands-on exposure to endoscopy, videofluoroscopy, pharyngeal manometry (high- and low-resolution), EMG, cough reflex testing, sEMG biofeedback and others. For those off-site, our video monitoring equipment will allow you to observe remotely.
- ✚ The course will be taught by Maggie-Lee Huckabee, Phoebe Macrae, and Lucy Greig. Some portions of the content may be taught by some of the Rose Centre postgraduate research team. They are a great, clever group of clinical researchers. This will give our voices a rest and will give everyone a welcome change from listening to the same voices for two weeks.

Let us know if you have any further questions.

Maggie-Lee Huckabee PhD

Phoebe Macrae PhD

Lucy Greig MSc, BSLT

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